NHDES Launches #OneThing4Earth Video Challenge to Recognize 50th Anniversary of Earth Day, April 22, 2020

Concord, NH – The New Hampshire Department of Environmental Services (NHDES) today launched the #OneThing4Earth Video Challenge to help recognize the 50th Anniversary of Earth Day, which will be April 22, 2020. The purpose of the challenge is for people to record a short video or take photos of themselves doing one thing that is good for the earth, then in the video, challenge their family, friends and others to do their own video. People who accept the challenge should post the videos on any or all of their social media platforms (Instagram, Facebook, or Twitter) and use the hashtag #OneThing4Earth and tag NHDES.

NHDES Commissioner Bob Scott started the challenge by posting his video of his home compost pile and challenging his entire staff to post their videos. “In honor of the 50th anniversary of Earth Day on April 22, I am starting the #OneThing4Earth video challenge by sharing with you something that I do that is good for the environment,” said Bob Scott, NHDES Commissioner. “Although the world is rightfully focused the coronavirus pandemic, I think it is important that we recognize Earth Day, and by participating in the #OneThing4Earth video challenge, we can share with each other all of the important little things that we all do every day to help our environment.”

The worldwide response to the coronavirus pandemic is and should be all of our priorities. NHDES hopes that a social media-based video challenge, like the #OneThing4Earth, will provide people practicing social distancing with a way to recognize the importance of Earth Day. You do not have to be challenged to participate, but remember in your video to challenge your friends, family,coworkers and others to join in. For more information on the #OneThing4Earth video challenge, contact Jim Martin, NHDES Public Information Officer, at james.martin@des.nh.gov or (603) 271-3710.

NHDES has the following social media handles:
Instagram: @nhenvironmentalservices
Facebook: @NHEnvironmetalServices
Twitter: @NHDES
Newfound Lake Region Association
NLRA announces Grey Rocks boat storage lottery

Bristol - Current members of the Newfound Lake Region Association are now eligible for a new member benefit: the chance to keep their canoe or kayak at Grey Rocks Conservation Area! The kayak rack, built by AmeriCorps members in 2019, includes seven storage spaces available to the public. Participants will be chosen at random, and a $200 rental fee will be submitted for the storage season of May 1-October 31. Interested members should contact andrew@newfoundlake.org by April 1st. Not a member yet? Visit www.newfoundlake.org and become a member now.

Grey Rocks, formerly a marina, was placed in permanent conservation in 2011 and has since been restored by the NLRA to more natural conditions. Home to abundant wildlife, Grey Rocks visitors may spot everything from beaver, bullfrogs, and turtles, to diverse species of waterfowl and Newfound’s resident pair of nesting bald eagles! From the non-motorized boat launch, paddlers and rowers can make their way to the Cockermouth River, the Hebron marsh, or into the open waters of Newfound Lake. In 2016, with a grant from the Newfound Lake Charitable Fund, NLRA published the Northern Newfound Water Trail, a helpful map for boaters detailing the numerous points of interest along the north shore of Newfound Lake. On land, Grey Rocks visitors can enjoy 1.5 miles of trails, viewing platforms, and picnic tables. Well-behaved dogs are allowed on-leash. Grey Rocks is a carry-in carry-out property, so remember to bring a bag for any trash or waste.

There’s no need to wait until summer to see everything Grey Rocks has to offer--the property is open year round! Head to 178 N Shore Rd, Hebron, NH to enjoy a walk or snowshoe and the beautiful sights of the frozen lake.

To learn more about the Newfound Lake Region Association, Grey Rocks Conservation area, and the Grey Rocks boat storage lottery, visit www.newfoundlake.org or call 603-744-8689. Membership with the Newfound Lake Region Association supports education, programs, and collaboration that promotes the conservation and preservation of the Newfound watershed.
GOING OUTDOORS NOT CANCELLED
MUSIC NOT CANCELLED
READING NOT CANCELLED
LAUGHING NOT CANCELLED
SINGING NOT CANCELLED
FRIENDS NOT CANCELLED
FAMILY NOT CANCELLED
HOPE NOT CANCELLED

LET’S EMBRACE
WHAT WE HAVE

© BRIGHTSIDE
Warning to be Aware of Scammers

I have been repairing computers since 1981. I have seen so many people taken advantage of as far as their computer systems online. Right now, there are, and will be people with no conscience, trying to confuse and scare you into purchasing, and robbing you of your precious funds. Especially during these times. Snakes are out there as I write this.

**As far as online:** DO NOT allow any company access to your computer on a cold call. Microsoft or any big corporation will not have their techs calling you to fix your computer! My rule is, if I need something, I will go and get it. I will not take any call for sales or service that I did not initiate.

**As far as your residence:** There are people dressing up as health officials trying to get into homes in several states. Do not let them in without contacting officials or police. Talk to them through the window and let them know you want to check with the police first, or whatever official they are representing. Stay safe and be smart!

If you are ever in doubt, hang up the phone or stay away from the door. Shout, your calling the police. I had a person a month ago telling me I won the Publisher’s Clearing House contest for several hundred thousand dollars. I asked them, “What is my full name?” they stalled, and I asked it again. They swore, called me names and hung up!

Use common sense during these times and stay safe!

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2020 Census Information

The 2020 Census is easy. The questions are simple.

The Census asks questions that provide a snapshot of the nation. Census results affect your voice in government, how much funding your community receives, and how your community plans for the future. When you fill out the census you help:

- Determine how many seats your state gets in Congress
- Guide how more than $675 billion in federal funding is distributed to states and communities each year
- Create jobs, provide housing, prepare for emergencies, and build schools, roads and hospitals
COVID-19: Updates & resources for community members

Posted on: March 16, 2020 - 8:19pm

This page will be updated regularly to keep Bristol residents and visitors informed of how COVID-19 is impacting the Town of Bristol.

What to do if you are sick:

New Hampshire residents with questions should call the following phone numbers:

General questions on COVID-19:  2-1-1
Callers will reach a phone menu, and then select the ‘COVID’ option to reach a live operator. Callers should expect to wait patiently for many minutes to reach an operator.

To immediately report any suspect cases of COVID-19 (via exposure or travel) to the DPHS at: During the day, call 603-271-4496 (office hours from 8:30 AM to 4:30 PM) or 603-271-5300 (only after hours). Caller should expect to leave a message with an operator, or leave a voice mail, and wait patiently for a return call within a few hours.

Direct sick people (i.e. symptomatic with fever, cough or shortness of breath) should call their healthcare provider. If they don’t have a provider, they can call an urgent care clinic and ask for an evaluation.

Information about COVID-19

Centers for Disease Control and Prevention
Includes:

- How to protect yourself
- What to do if you feel sick, including a list of COVID-19 symptoms
- Actions to take for older adults and those at high risk
- Guidance for: travelers, businesses, schools, communities, healthcare professionals
- Frequently Asked Questions (Will warm weather stop the outbreak? Should I wear a facemask? Should I be concerned about pets?)

World Health Organization
Includes:

- Travel advice
- How to protect yourself, including details on social distancing
- Situation updates

New Hampshire Health and Human Services
Includes:

- Number of COVID-19 cases in New Hampshire
- Map of counties with confirmed COVID-19 cases
- Information for residents (Guidance for first responders, health care facilities, information about Medicare, and more)

**Johns Hopkins Map**
Interactive map showing number of COVID-19 cases and other statistics related to the pandemic.

**Federation of American Scientists “Ask a Scientist”**
Answers from scientists on questions related to COVID-19. If a question is not answer, it can be submitted and a response will be emailed in the following days.

**Resources and Support Available**

**Proper way to remove gloves**
Town of Bristol Fire Chief Ben LaRoche demonstrates the proper and safe way to remove gloves to ensure contamination does not spread to skin. Click here for video: [https://youtu.be/tT5N_LMIgHk](https://youtu.be/tT5N_LMIgHk)

**Elderly in Newfound Area**
If you are 65 years old or older, or know someon someone that is 65 years or older that needs assistance getting your groceries please contact Bristol Police Department's Lt. Bean at kbean@townofbristolnh.org. The Police Department will then coordinate with volunteers to do your shopping and deliver the groceries to your house. Hannaford will print a receipt for the amount owed, we will bring you the receipt and collect a check preferred, or a credit card and return to pay for your groceries. The payment has to be made the same day as the shopping is done. Our preferred shopping days will be Tuesday, Thursday and Friday mornings between 7am and 10am, however we can make exceptions if need be.

**Free books outside Library**
For anyone looking for something to read, or wishing to get books for family or friends, free books will be available outside the Minot-Sleeper Library's entrance from 4-6pm Monday through Friday and from 10am-noon on Saturday. These books do not need to be returned. Please take only what you need. If you wish to request a certain genre or author, the library staff will do their best to find these books in our donations and put them in a bag with your name attached to it. Please call the library 744-3352 or email minotsleeperlibrary@gmail.com with requests. Minot-Sleeper Library, 35 Pleasant St., Bristol.

**Unemploymen Benefits**
**Governor Sununu’s Emergency Order:** Individuals who are unable to work or who have reduced hours due to the COVID-19 pandemic will have immediate access to unemployment benefits. Anyone in the following situations will now be eligible for state unemployment:

- If your employer temporarily closes due to COVID-19;
- Individuals that need to self-quarantine or are directed to quarantine at the instruction of a health care provider, employer or government official;
- Individuals that need to care for a family member that has COVID-19 or is under quarantine;
- Individuals that need to care for a dependent because of school closures, child care facility closures or other similar types of care programs;
- Self-employed individuals that are temporarily unable to operate their business because of any of the above listed situations will also be eligible.

**Utilities will not be shut off**
**Governor Sununu’s Emergency Order:** All providers of electric, gas, water, telephone, cable, VOIP, internet service, and deliverable fuel services will be prohibited from disconnecting or discontinuing service for non-payments for the duration of the State of Emergency.
Evictions and foreclosures prohibited
Governor Sununu's Emergency Order: Landlords will not be allowed to start eviction proceedings for those unable to pay due to their financial situations. To do so would be against the law. All judicial and non-judicial foreclosure actions will also be prohibited during the state of emergency.

Protect yourself and your business from increased cyber attacks
Fortune: How hackers are exploiting the coronavirus - and how to protect yourself
The Straits Times: Coronavirus-themed cyber attacks surge as more employees forced to work from home
US Department of Homeland Security: How to protect from cyber attacks

Community closures
The following organizations and departments are currently reporting closures, reduced hours, or remote-only services:

Newfound Area School District
Letter to parents sent 3/16
Notice about school closure sent 3/15

Tapply-Thompson Community Center
Notice of cancellation of all programs

Bristol Community Services
Notice of thrift store closure, OPEN food pantry

Minot-Sleeper Library
Letter to community about remote operations

Bristol Highway Department
Beginning Saturday, March 21, cardboard will not be sorted at Bristol's Transfer Station. Small amounts can be thrown in the compactor with the general trash.

Bristol Town Offices
Open for now, officials encourage use of online bill pay and other social distancing measures

Bristol Police Department
Responding to crime, limiting non-emergency face-to-face contact

Press release: Govoner Sununu orders all New Hampshire restaurants to serve by take-out, delivery or drive-through only
Newfound citizens learn “The State of the Lake”

Bristol - Over 30 people gathered at the Minot-Sleeper Library on February 13th as the Newfound Lake Region Association presented findings on the health of the Newfound watershed. While overall Newfound Lake is healthy, there has been a steady decline in health over the past ten years. Executive Director Rebecca Hanson and Program Manager Andrew Veilleux discussed the threats of stormwater runoff, erosion, and road salt pollution. “Stormwater runoff remains the biggest threat, carrying with it fertilizers, pesticides, vehicle fluids, and soil,” says Veilleux, “Soil erosion adds nutrients to the lake which can lead unhealthy lake conditions like algae growth and toxic cyanobacteria blooms.” This is especially problematic considering the increasing frequency of large storms.

But it’s not all doom and gloom. After assessing the current conditions and learning about the community’s desires for the future, NLRA develops a watershed plan. “A watershed plan is the convergence of science, culture, and government. It serves as a road map to achieve our vision of the future.” says Hanson.

The current watershed plan, developed 10 years ago, engages community members in programs that reduce threats to the Newfound Watershed. Over the past three years NLRA has partnered with property owners and municipalities to install landscaping that reduces stormwater runoff and erosion. The result? An estimated 88 pounds of sediment per year are being kept out of Newfound Lake. Another reason to celebrate, thanks to the hard work of NLRA volunteers, is the fact that Newfound Lake remains 100% free of invasive aquatic plants.
Lisa Ford, a resident of the area, attended the presentation and wants to join the NLRA volunteer program Weed Watchers. When asked her reason for attending the presentation Ford says “I attended because I love Newfound and kayak her waters often. I also know there are threats to her continued health. We are fortunate to have professional, committed people who understand and care about Newfound’s well-being. I am so looking forward to volunteering this spring and summer.” She continues, “If you love our beautiful lake, please look into the Newfound Lake Region Association and support them how best you are able.”

The Newfound Lake Region Association’s mission is to protect Newfound Lake and its watershed. The Association - through education, programs, and collaboration - promotes conservation and preservation of the region’s natural, social, and economic resources. To learn more and get involved visit www.newfoundlake.org.

Audrey West, Membership Manager
Newfound Lake Region Association
10 North Main St. Unit 1
Bristol, NH 03222
(603) 744-8689
Audrey@NewfoundLake.org
www.NewfoundLake.org

The Newfound Lake Region Association's mission is to protect Newfound Lake and its watershed. The Association promotes conservation and preservation of the region's natural, social and economic resources through education, programs and collaboration.

Community Events Committee

The Community Events Committee is looking for any event dates that may be happening between Memorial Day and Columbus Day for the events brochure. Please contact Les Dion at the Bristol Community Center with any activity planned, to go on the brochure.
Our Furry Friends Can Be Environmentally Friendly, Too

We love our furry friends but often forget that they have an impact on our planet. Changing your pets’ diet, properly disposing of their waste, and making smart choices with their toys and accessories can make a huge difference.

Food: A 2017 study by UCLA found that meat-eating dogs and cats create the equivalent of about 64 million tons of carbon dioxide per year, which is about roughly the yearly emissions of 13.6 million cars. Several dog food brands use beef as their primary meat, which is an unsustainable source of protein for both pets and humans. Instead of beef, check your pet’s food labels and look for ingredients like animal bone meal or organ meat. Although it doesn’t sound too pleasing, this pet food ensures that the animal used to create the food was used entirely. These secondary food products have the same nutritional value for your pet. As for treats, there are countless recipes online for healthy and eco-friendly snacks for your pet. If you have a green thumb, consider growing catnip at home.

Waste: Cleaning up after your pet is another great way to be eco-friendly! Unfortunately, rain can carry animal waste into water sources where people swim and could make others very sick if not disposed of properly. Pet waste that gets into water runoff may also lead to potentially toxic algae outbreaks that could harm marine life, as well as humans and animals. So make sure to bring doggy bags when taking Fido out for a walk. If possible, use biodegradable bags when cleaning up after your dog or cat. Consider switching from traditional clay litter to an eco-friendly, biodegradable alternative. You can even make your own kitty litter at home from wood shavings, recycled newspaper and more! And remember: Cat litter is not flushable. While some products may say they are, none have been thoroughly tested and deemed safe for septic systems. If you are unsure about a product’s flushability, you can contact NHDES’ Residuals Management Program.

Here are a few extra tips on how to make taking care of your pets a little more sustainable:

- With so many options to avoid plastic, don’t forget to do this with your pets, too! Many toys, leashes and pet beds are made from dye-free, organic, recycled and upcycled materials. Avoid toys, treats and products that come in excessive packaging, but when it can’t be avoided, make sure to recycle what you can: cardboard and plastic treat containers; dog and cat food cans; separated paper and plastic portions of toy packaging.
- Donate your pet’s old stuff. Drop your pet’s gently used items like toys, dog bowls, leashes, blankets and beds at your local pet shelter.
- Some flea and tick collars and topical treatments can leave dangerous chemical residue, which can harm your pets and household. Many of these medications come in pill form or can be fixed using at-home remedies.
- Wash your pets outside in an area of your lawn that needs water. Make sure to use nontoxic shampoos.
• When giving your pet fresh water, don’t put the old water down the drain. Give it to your plants and shrubs instead.
• Use washable and reusable containers to store food and treats instead of plastic bags.
• Use nontoxic cleaners when washing food and water bowls. For some ideas on safe DIY cleaners, check out this Alternative Household Cleaners fact sheet.
• Remember that it is UNSAFE to compost dog or cat waste at home due to the potential presence of harmful pathogens.

1Gregory S. Okin, “Environmental impacts of food consumption by dogs and cats,” https://doi.org/10.1371/journal.pone.0181301
Newfound Area Senior Services is open Monday – Friday with luncheon served Tuesday at noon. Join us for Bone Builders on Tuesday and Friday mornings and crafting, socialization and bingo on Tuesday at 9:30. We are located in the UCC church at 15 Church Street, Bristol. Our senior bus transportation is offered, first come first served, Monday, Tuesday, Wednesday and Friday. Call us for more information about our various programs and services at 603 744 8395.

The Senior Center is in need of Volunteers willing to help out at the center and for our home delivered meal routes. Consider giving yourself the gift of volunteering this year!
The Assessing Firm - Commerford Nieder Perkins LLC, is continuing the revaluation process for the Town of Bristol. This requires that each property is visited to review for accuracy of assessment information including measurements. **The process began in 2019 and will continue through 2020.**

The representative is required to carry photo-identification. Therefore, please feel free to ask this representative to show their identification. And as always, should you have any concerns please feel free to contact the Bristol Town Offices, Monday – Friday, 744-3354.
PARENT ADVISORY COUNCIL (PAC)

The Parent Advisory Council (PAC) represents the voice of central NH families who are dedicated to building healthy environments and promising futures for our children and youth.

The ultimate goal of these efforts is to create an engaging, positive environment that encourages healthy behaviors that lead to significantly higher numbers of drug-free young people. This will not only help our children succeed in school and life, but will also contribute towards an improvement in the overall quality of life in our community.

PAC Vision The vision of the Parent Advisory Council (PAC) is to foster empowering interaction among community stakeholders with a focus on giving voice to parent ideas and concerns, as well as encouraging and enhancing parent participation and involvement in our community. The PAC seeks to do this by facilitating bi-directional communication among all involved parties across the whole range of issues that characterize parent involvement in prevention activities.

The PAC will provide a regular forum for the exchange of ideas and information among our community.

To learn how to get involved CONTACT: LIZ BROCHU AT 603-536-9793 OR EBROCHU@CADYINC.ORG

WWW.CADYINC.ORG
**OCTOBER**

**October 1 – 31**

**Scarecrow Decorating Contest**
Entries Displayed in Central Square!
Contact Lucille at 744-2761

**October 3** - Poetry Night • Minot-Sleeper Library • 6:30 pm

**October 4** - Pre-Marathon Spaghetti Supper • Masonic Lodge • 5:00 – 7:30 pm

**October 5** - 27th Annual NH Marathon, Half Marathon, 10K & Kids Race • www.nhmarathon.com

**October 9** - Adult Craft • Minot-Sleeper Library • 4:00 pm

**October 10** - Our National Thanksgiving: With Thanks to President Lincoln and Mrs. Hale • Minot-Sleeper Library • 6:30 pm

**October 11** - Newfound Idol • Bridgewater Inn • 9:00 pm

**October 12** - Dynamite Roast Pork Dinner • BUCC* • 5:30 – 7:00 pm

**October 12**

**TTCC Annual Apple Festival & Craft Fair**
Tapply-Thompson Community Center • 9:00 am – 2:00 pm

**October 17** - Bristol Bus Stories with Dick Tapply • Minot-Sleeper Library • 7:00 pm

**October 24** - Red Cross Blood Drive • Newfound Regional High School • 12:00 – 5:00 pm More Info at 744-6006

*AABBREVIATION KEY:

TTCC* = Tapply-Thompson Community Center
NMMS* = Newfound Memorial Middle School
NRHS* = Newfound Regional High School
BUCC* = Bristol United Church of Christ
MSL* = Minot-Sleeper Library

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**NOVEMBER**

**October 31**

**Halloween Costume Parade**
Parade line-up at NMMS* Parking Lot at 4:45 pm for 5:00 pm departure to downtown.

**Trick or Treating**
From 5:00 – 7:30 pm
(AFTER the Costume parade has ended!)

**TTCC Teen Council**
“Haunted Basement”
5:00 – 7:30 pm FREE (if you dare!) at TTCC*

“Haunted House” at the Masonic Hall
5:00 – 7:30 pm • 61 Pleasant Street

Be sure to check out all the other Halloween Happenings in Central Square!

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**NOVEMBER continued**

**November 2** - Danbury Winter Market • Blazing Star Grange • 9:00 am – 1:00 pm

**November 3** - Bicentennial Time Capsule & Sponsor Event • check town website for more Info

**November 7** - Poetry Night • Minot-Sleeper Library • 6:30 pm

**November 8** - Fall Drama Performance • at NRHS* • 7:00 pm

**November 9** - NRHS* Fall Drama Performance • at Plymouth State University • 7:00 pm

**November 9** - Dynamite Pot Roast Dinner • BUCC* • 5:30 – 7:00 pm

**November 9** - Chicken Pie Supper • Danbury Grange Hall • 5:00 – 6:30 pm

**November 13** - Adult Craft • Minot-Sleeper Library • 4:00 pm

**November 14** - “Steamboat A’Coming: Mark Twain’s Mississippi River Stories” with Mike McKinley • Minot-Sleeper Library • 6:30 pm

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**DECEMBER**

**December 8** - Hanging of the Greens • Alexandria Village Church

**December 11** - Adult Craft • Minot-Sleeper Library • 4:00 pm

**December 12** - Winter Concert • Newfound Regional High School • 7:00 pm

**December 13 & 14** - Friends of Minot-Sleeper Library

**Cookie Buffet**
at the Masonic Hall
Dec. 13th • 3:00 – 5:30 pm
Dec. 14th • 8:30 – 11:30 am

**December 14** - Breakfast with Santa • Masonic Hall • 8:00 – 10:30 am

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**65th Annual Santa’s Village & Christmas Craft Fair**
At the Tapply-Thompson Community Center

**December 13**:
Santa’s Village 6:00 – 8:00 pm
Craft Fair 5:30 – 8:30 pm

**December 14 & 15**:
Santa’s Village 2:00 – 5:00 pm
Christmas Craft Fair 1:30 – 5:30 pm

**ADMISSION IS FREE!***
*Canned goods will be collected for the Bristol Community Services Food Pantry

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**December 27** - Family Movie • Minot-Sleeper Library • 3:30 pm

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**November 26 & 29** - One Stop Christmas Shop for Kids • 4:00 – 7:00 pm at TTCC* • A fun opportunity for kids to purchase gifts and have them wrapped & tagged!

**November 26** - Family Movie • Minot-Sleeper Library • 4:00 pm

**November 28** - Annual Turkey Trot • Newfound Grocery – Bridgewater • Registration at 8:00 am, Trot at 9:00 am

**November 29** - Bristol Rotary Club begins Christmas Tree Sales • at O’Reilly Auto Parts

**Annual Tree Lighting**
In Central Square • 5:00 pm
Friday, November 29th

- Christmas Caroling begins at 5:00 pm
- Santa arrives at 6:00 pm to light the tree
- Visits with Santa at the TTCC*
  at 6:15 pm
- One Stop Christmas Shop for Kids from 4:00 – 7:00 pm at the TTCC*

**November 29 & 30** -
**4th Annual Festival of Trees**
Historic Town Hall
Friday 4:00 – 8:00 pm
Saturday 10:00 am – 8:00 pm
Sponsored by Friends of Newfound Drama

**December 5** - Poetry Night • Minot-Sleeper Library • 6:30 pm

**December 7** - Craft Fair • Bristol United Church of Christ • 9:00 am – 12:00 pm

**December 7** - 5K Jingle Mingle Fun Run
9:30 am Registration, 10:00 am Race • TTCC*

**December 7** - Tree Lighting – Town of Hill • Gazabo Pond • 6:00 pm

**December 7** - Danbury Winter Market • Blazing Star Grange Hall • 9:00 am – 1:00 pm

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**Check for new & updated events at:**
www.ttccrec.org
www.townofbristolnh.org
**Ongoing Events**

**SUNDAYS:**
- Adult Basketball at Newfound Memorial Middle School • 6:00—8:00 pm • Register at TTCC*

**MONDAYS:**
- Adult Badminton at TTCC* • 7:00 pm
- MONDAYS / WEDNESDAYS / FRIDAYS:
  - Adult Kickboxing at TTCC* • 5:45—7:00 pm

**TUESDAYS & THURSDAYS:**
- Pickleball • 9:00 am • Register at TTCC*
- Shape Up Newfound Exercise Classes @ Bristol Elementary School • 6:00 pm • Register at class
- Karate for Kids Ages 4 & up at TTCC • info at www.ttcrc.org

**TUESDAYS & FRIDAYS:**
- Adult Volleyball at Bridgewater Hebron Village School • 7:00 pm • Register at TTCC*

**WEDNESDAYS:**
- Adult Karate at TTCC* • 6:30 pm
- Roll Out Fitness Skating Class at TTCC* • 7:00—8:00 pm

**SATURDAYS:**
- Shape Up Newfound Exercise Classes at Bristol Elementary School • 8:00 am • Register at class
- 3rd MONDAYS:
  - Book Group Discussion at MSL* • 10:00 am
- 2nd THURSDAYS:
  - Adult Non-fiction Book Group Discussion at Minot-Sleeper Library • 3:00 pm

For More Information Contact:
- Town of Bristol • 603-744-3354
  bristolevents@townofbristolnh.org
- Tapply-Thompson Community Center 603-744-2713 • bccfun@metrocast.net
- Minot - Sleeper Library • 603-744-3352
  librarian@townofbristolnh.org

Check for new & updated events at:
www.ttcrc.org
www.townofbristolnh.org

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**JANUARY**

**January 2** • Poetry Night • Minot-Sleeper Library • 6:30 pm
**January 4** • Danbury Winter Market • Blazing Star Grange Hall • 9:00 am—1:00 pm
**January 11** • Dynamite Chowder Dinner • BUCC* • 5:30—7:00 pm
**January 16** • “Beyond the Lifts: Sketches of Backcountry Skiing” with Jeff Leich of the New England Ski Museum • MSL* • 6:30 pm (Snow date January 30)
**January 24** • One Act Plays • Newfound Regional High School • 7:00 pm

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**FEBRUARY**

**February 1** • Danbury Winter Market • Blazing Star Grange Hall • 9:00 am—1:00 pm
**February 6** • Poetry Night • Minot-Sleeper Library • 6:30 pm
**February 8** • Dynamite Roast Pork Dinner • BUCC* • 5:30—7:00 pm
**February 12** • Adult Craft • Minot-Sleeper Library • 4:00 pm
**February 13** • Valentine Luncheon & Bingo for Seniors hosted by Bristol Rotary Club • TTCC* • 12:00 noon

**February 14** • Father & Daughter Valentine Dance TTCC* • 6:30—8:30 pm • Corsage for each girl, refreshments, door prizes & dancing!

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**MARCH**

**March 7** • Dynamite Cornded Beef Dinner • BUCC* • 5:30—7:00 pm
**March 11** • Adult Craft • Minot-Sleeper Library • 4:00 pm
**March 14** • Bristol Town Meeting
**March 19** • “Votes for Women: A History of the Suffrage Movement” • MSL* • 7:00 pm

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**APRIL**

**April 4** • Dynamite Roast Turkey Dinner • BUCC* • 5:30—7:00 pm
**April 4** • Danbury Winter Market • Blazing Star Grange Hall • 9:00 am—1:00 pm
**April 6** • Newfound Jazz Night • Newfound Regional High School • More Info at 274-6006
**April 11** • Easter Egg Hunt • TTCC* • 1:00 pm • Face Painting, Easter Bunny, Entertainment, Egg Hunt & Family Fun!
**April 17 & 18** • “Mamma Mia!” Spring Musical • NHRS* • More Info at 274-6006

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The Bicentennial Committee would like to express our gratitude to everyone—Sponsors, volunteers, Town employees, donors, and participants—who made Bristol’s Bicentennial Year—2019—such a huge success!

LEGACY SPONSORS: Bristol Eagle Scouts/The Wilson Family; Bristol Rotary Club; Freundenberg; NOK; The Homestead Restaurant & Tavern; Morrison Construction; Newfound Landings; R.P. Williams & Sons; Shackett’s Store and West Shore Marine.

HERITAGE SPONSORS: Everts Funeral Home; the Hometown Voice and Michael Sharp Enterprises.

COMMENOMORATIVE SPONSORS: Andy & Sons Plumbing & Heating, Inc.; Bristol Pawn; Cardigan Country Store & Orchard Bistro; Central Land Surveying, Inc.; Dead River Company; Elizabeth A. Soder, CPA; Gilly’s Restaurant; Newfound Area Nursing Association; Old Mill Properties; PB & J’s Childcare & Learning Center; Tapply Thompson Community Center and UBS Financial Services, Inc.

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**Check for new & updated events at:**
www.ttcrc.org
www.townofbristolnh.org
Stand Up Newfound

Are you impacted by the struggles facing our community with substance misuse? Stand Up Newfound is a small group of individuals trying to bring light onto a difficult subject, encourage prevention and education, and support those impacted by this difficult disease. Please join us the first Tuesday of each month, Minot Sleeper Library, 6:30pm.

Please contact us with any questions. Please check out our web site for links to specific help sites.

Thank you.

www.facebook.com/standupnewfound
standupnewfound@gmail.com
www.standupnewfound.org
Minot-Sleeper Library

35 Pleasant Street Bristol, NH 03222 (603) 744-3352
Mon, Wed, Fri-10:00am-6:00pm  Tues/Thurs-1:00pm-8:00pm  Sat-10:00-2:00  Sun-Closed

RESOURCES AVAILABLE

MINOT-SLEEPER LIBRARY

- BOOKS, MOVIES & MORE -
  Books, including new releases for children, teens, and adults, movies, magazines, even a telescope, ukulele, and passes to local attractions to borrow!

- E-BOOKS, AUDIO, MAGAZINES -
  Free e-books, downloadable audiobooks, and digital magazines with a library card!

- EDUCATION -
  Great Courses book/DVD lessons, databases with journal articles for kids and adults, and reference help by our staff!

- STORYTIME -
  All-ages children storytimes every Wednesday at 10:30am and every Friday at 10:45am. Free and open to all!

- ARTS & CRAFTS -
  Creative events include Poetry Night the first Thursday of every month at 6:30pm, a summer art series, and creativity labs and crafts for children yearround!

- TECH HELP -
  Every Thursday from 2-5pm a staff member will be available to help you with your technology questions, from getting started with a tablet to social media!

Our Mailing Address: 35 Pleasant Street, Bristol, NH 03222

Check out our website for more info about programs or services offered: www.minotsleeperlibrary.org
DAY AWAY PROGRAM
Social Program for Adults with Alzheimer’s Disease or related Dementias

Now in existence for five years, the Day Away program is a social program for adults with early stages of Alzheimer’s and related dementias. This program provides their caregivers a much-needed respite and relief from constant care and responsibility. Day Away provides a safe and comfortable atmosphere. We encourage socialization and help participants to maintain their independence, be mentally stimulated and remain active. Trained volunteers and a Registered Nurse, who is the Director of Program, provide one on one supervision for every participant.

Day Away is a non-profit program held on Thursdays from 9:00am to 3:00pm in Simard Hall at Our Lady of Grace Chapel in Bristol. Day Away is non-denominational and open to all families and caregivers in surrounding towns. As each participant advances in their journey, and he or she is no longer eligible for this program, we know through conversations with their caregivers, we have made a positive difference in each of their lives and in the lives of their caregivers.

If you know of any person/family who can benefit from our program or if you would like to volunteer, please contact:

Sandra Coleman RN, BSN, Director of the Day Away Program
Email – sjrhett@roadrunner.com or
Telephone – 603-536-6304
## Atlantic Broadband Channel 24 TV Schedule

Bristol, Hebron, Bridgewater, Alexandria, New Hampton

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<th>TV 24</th>
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**QUESTIONS OR COMMENTS? GOT INFO?**

The Bristol Town Crier
5 School Street, Bristol, NH 03222

Phone: 238-2552 or Email: bristolmedia@townofbristolnh.org

Crier Online in Color at [www.townofbristolnh.org](http://www.townofbristolnh.org)
Town of Bristol Departments and Hours of Operation
(603)-744-3354

Town Offices - Monday – Friday: 8:00am – 4:00pm, Phone - 744-3354

Town Clerk / Tax Collector – Monday, Tuesday, Thursday & Friday: 8:00am – 4:00pm
Wednesday: 8:00am – 7:00pm, Phone – 744-3354

Transfer Station – Monday, Wednesday: 7:00am – 4:00pm, Saturday: 8:00am – 4:00pm, Phone – 744-2441

Highway Department – Summer Hours: Monday – Thursday: 6:00am – 4:30pm
Winter Hours: Monday – Friday: 7:00am to 3:30pm, Phone – 744-2441

Water & Sewer – Monday – Friday: 7:00am – 3:30pm, Phone – 744-8411

Welfare Office – Wednesdays: 4:30pm – 7:00pm, Phone – 744-2522

Land Use Office – Monday - Friday: 8:00am – 4:00pm, 744-3354 x112
Permit Review, Site Visits and Inspections – Scheduled on Monday, Wednesday and Friday only.

Health Officer – Monday - Friday: 8:00am – 4:00pm, Phone – 744-3354

Assessing – Monday – Friday: 8:00am – 4:00pm, Assessor by appointment only! Phone – 744-3354

Finance Officer – Monday – Friday: 8:00am – 4:00pm, Phone – 744-3354 x 111

Town Administrator - Monday – Friday: 8:00am – 4:00pm, Phone – 744-3354

Emergency Numbers

Police Department – 744-6320 or in an emergency 911

Fire Department – 744-2632 or in an emergency 911

Ambulance Service – 744-2632 or in an emergency 911

(Town Offices and related departments in the building (except PD) are closed on Wednesday mornings until 12:00 (to get ready for the move to new offices)).

Bristol, New Hampshire, incorporated in 1819, is a beautiful New England town that encompasses the southern portion of Newfound Lake, the fifth largest lake in the State. Bristol is located just twenty five miles northwest of Concord, New Hampshire, New Hampshire’s capital. Bristol offers all the benefits of small town living, remaining close to major recreational attractions and business centers. The Town of Bristol has a year round population of approximately 3,300 and a seasonal summer population of approximately 6,500 inhabitants. Town employees, those involved in local government and all of the many volunteers who give so generously of their time are dedicated to providing the best possible service to our residents, businesses, and visitors.