What to do if I, or someone in my household, is sick?

You should immediately report any suspect cases of COVID-19 (via exposure or travel) to the DPHS at these phone numbers:
During the day, call 603-271-4496 (office hours from 8:30 AM to 4:30 PM) or 603-271-5300 (only after hours). Caller should expect to leave a message with an operator, or leave a voice mail, and wait patiently for a return call within a few hours.

If you are sick (i.e. symptomatic with fever, cough or shortness of breath), call your healthcare provider:
If you don’t have a provider, you can call an urgent care clinic and ask for an evaluation.

What If I am having an emergency?

Call 911!!! We are still here to respond as we always do. Whether it is a Fire, Medical or other emergency we are continuing to staff and respond when needed. We have taken extra steps to ensure we maintain this ability and are working regionally to ensure that our departments remained staffed and ready.

If your emergency is related to symptoms of COVID-19 (i.e. severe shortness of breath), and you can’t safely take the steps above... Call 911!!! Expect that we will be working a bit differently than usual. If you have accurately answered the 911 screening questions, you may see that only one EMT enters your home and that they are in protective equipment. We will also ask you to wear protective equipment.

We may also spend a little more time at your house. We will handle your emergency as we normally do, however if there are reasons to suspect that you have COVID-19 we will also be communicating directly with Emergency Doctors on the best way to handle your particular case. This may mean you are requested to stay at home and self-isolate.

If you require care at a hospital and/or are a having an emergency medical situation you will NOT be refused care!

Still Have Questions about COVID-19?

People who want to learn more about COVID-19 go to these two trusted websites:
NH DPHS: https://www.nh.gov/covid19/

People with general questions on COVID-19 should call this phone number: 2-1-1
Callers will reach a phone menu, and then select the ‘COVID’ option to reach a live operator. Callers should expect to wait patiently for many minutes to reach an operator.