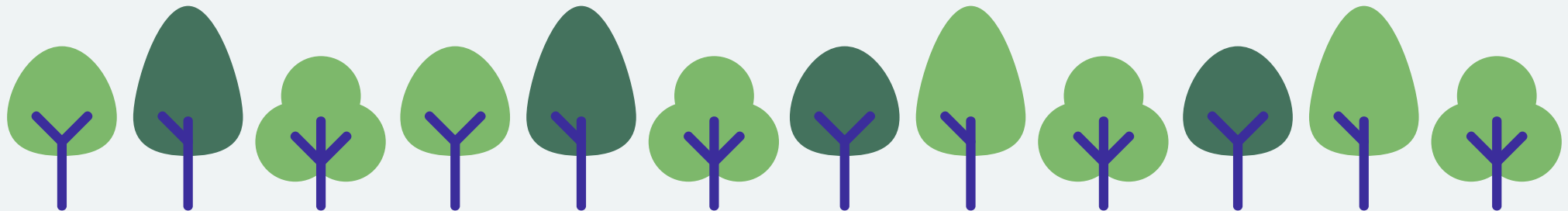


Kids' 30-Day Sustainability Challenge!

With the Town of Bristol Sustainability Committee

Tell us how you did or send a picture to sustainability@townofbristolnh.org

Use a piece of paper on both sides	Use a reusable water bottle	Find old clothing or towel that can be saved for a rag	Use something that you can use again (lunchbox, etc.)	Shut off a light in a room that no one is in	Go outside and find 5 things that drink/soak up water
Draw something green	Make lunch or dinner with leftovers	Gather unwanted clothes to donate	Save envelopes from mail for scrap paper	Shut off devices when not in use	Pick up litter
Make a craft using recycled materials	Use a cloth napkin or cloth dishtowel for eating/cleanup	Use an old sock to make a sock puppet	Save a food container to store stuff in the future	Hang-dry wet laundry	Go for a walk
Make a centerpiece with a used glass jar	Eat something that was made or grown locally	Make a handmade card from old newspapers, magazines	Shut the water off while soaping up your hands	Make lunch without using electricity	Play outside
Write a poem or story about being nice to the earth	Cook something at home	Make a list of everything that can be recycled in your town	Shut the water off while brushing your teeth	Read a book about weather	Go for a walk and during the walk, pick up litter and play!



Crafts with recycled materials

<https://www.weareteachers.com/earth-day-crafts-classroom-activities/>
<https://www.thesprucecrafts.com/top-trash-to-treasures-crafts-1254258>
<https://cleanriver.com/recycling-projects-kids-schools/>

Centerpiece with glass jar

<https://www.pinterest.ca/happyhooligans/bottle-jar-crafts/>

How to write a poem and examples of poems about the earth

<https://www.poetry4kids.com/lessons/poetry-writing-lessons/>
<http://www.rainydaypoems.com/poems-for-kids/earth-day-poems>

Cloth napkins – look for these at Bristol Community Services!

Cooking at home

<http://www.eatingwell.com/recipes/18049/healthy-kids/>
 Find cookbooks in the kids and parenting sections of the Minot-Sleeper Library

DIY sock puppet

<https://www.redtedart.com/classic-sock-puppet-craft-for-kids/>

DIY greeting card

<https://tinkerlab.com/40-homemade-cards-for-kids-to-make/>

No-cook meals

<https://www.yummytoddlerfood.com/recipes/dinner/25-quick-no-cook-toddler-dinners/>

Learn about water

<https://kids.niehs.nih.gov/topics/pollution/water/index.htm>
<https://kids.nationalgeographic.com/explore/science/water-cycle/>

Learn about weather

<https://www.natgeokids.com/uk/teacher-category/weather/>
 Find books about weather for kids at the Minot-Sleeper Library

Walking/hiking paths

<https://newfoundlake.org/hiking/>