

Sustainable Bristol  
July 14, 2020 Meeting via Zoom Minutes

Attendees: Nancy Dowey, Brittany Overton, Lauren Therriault, Karen Boyd, Elsa McConolgue, Jamie Bemis, Jan Metcalf and Herb D'Arcy.

Meeting called to order 6:33pm

Move to accept minutes from last meeting made by Nancy Dowey, seconded by Karen Boyd.

Members shared something they had to buy in plastic recently that drove them nuts.

Jamie shared thoughts on Regenerative vs. Sustainability. Sustain what we have, reducing harmful effects. Regenerative agriculture, vision for what we should do/have and figuring out how to get there as naturally as possible. One is reactive and one is proactive. Sustainability is a blanket term, vague and up for wide interpretation. Regenerative agriculture takes into account animal, worker and environment health and care. Sustainability is about minimizing yourself whereas regenerative is about us being active participants in helping the world. Concepts that have been a part of indigenous communities, not new, just new to us. Used in agriculture most often and a lot about soil health. Humans strategically help the earth become better with regenerative agriculture. Tied in with permaculture uses a systems approach.

Holistic view to farming, How can we apply that to our committee?

- In some ways we are using materials from the transfer station to regenerate in ways.
- Composting.
- Using this language and having it as a long term goal.
- Simplicity, make it easy for people and they will do it.

How can soil health, animal health, worker treatment, and social justice be tied to the work we're doing?

How this impacts everyone. Overuse of the world's resources, need to rethink our relationship with the world.

Recycling options:

1. Town to do cardboard, more so than already happening.
2. Steel cans could be incorporated into what they are collecting now.
3. Not separate paper
4. Work with Alexandria for regional recycling.

Ask Janet Cavanaugh to be liaison to Mark so we aren't bombarding him. Jan Metcalf said she doesn't want us to completely forget about the plastic even though it's too much at this point.

Milk jugs are the biggest money maker but take a lot of space and need a bailer to gather them together to sell.

Composting; put community compost aside and encourage member to compost at home. Could we talk to businesses about composting?

Make your own worm bin workshop.

Herb left to eat oysters

Roundtable ideas:

1. August 5th 6:30 on zoom 1.5 hours
2. Jamie will make a flyer to share in a few community places.
3. Jamie will create invites to send out to people. Brittany has a list.
4. Roles:
  - a. Nancy chair: introduce committee
  - b. Jamie facilitate discussion.
    - i. Group discussion
    - ii. Goal: find out where the community is at the moment. What are their goals. Harder or easier due to pandemic? Aspirations.
  - c. Lauren; notes
  - d. Brittany: technology
  - e.
5. Have RSVP's to gauge how many people are coming and how to organize it.
6. Survey: to send out afterwards. Make a google form to add questions to.

Maybe have a different roundtable for businesses.

July 20th selectboard meeting Nancy is going and Brittany will talk up Roundtable.

American Library Association: Grant for \$1,000 for documentaries about resilient communities. Brittany will apply for this. Want the committee to cosponsor her in it. Deadline is Aug 28th. 14th of August submit. Host a movie?

Stay virtual for meetings. Have a gathering outside at some point. Next meeting will be July 28th at 6:30.

Motion to adjourn at 7:57

Action Items:

Elsa: ask at Purple Pit about what happens with cardboard and trash.

Subcommittee Questions to Ask Mark: What are businesses doing? Ask/Talk about plastic.

When can they start taking cardboard again?

Lauren: article about HHWDay and reminders about Roundtable for Newfound Landing. List of movies and books.